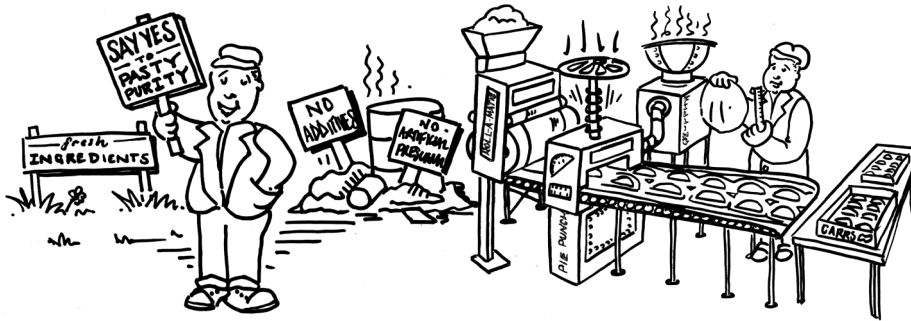


# Nutritional Information



Per 100g/Per Pasty	Meat and Potato Pasty	Cheese Pasty	Steak Pasty
Calories (kCal)	204 / 316 kCal	257 / 398 kCal	257 / 398 kCal
Fat (g)	9.5 / 14.7g	14.1 / 21.9g	13.1 / 20.3g
Saturated Fat (g)	3.5 / 5.4g	7.2 / 11.2g	6.1 / 9.5g
Carbohydrates (g)	22.5 / 34.9g	26.3 / 40.8g	22.4 / 34.7g
Sugars (g)	0.9 / 1.4g	1.3 / 2g	1.2 / 1.9g
Fibre (g)	1.9 / 2.9g	1.6 / 2.5g	1.5 / 2.3g
Protein (g)	6.1 / 9.5g	6.1 / 8.5g	11.5 / 17.8g
Sodium (mg)	374 / 579.7mg	359 / 556.5mg	617 / 956.3mg

EST. 1938

# CARRS

## Pasties

**CARRS PASTIES LTD.**

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